The Bible Unpacked

Comprehensive Study Series
The Bible’s teaching compiled for established believers

Paul Mallison
The Bible Unpacked™

Comprehensive Study Series

The Bible’s teaching compiled for established believers

31. Love

Paul Mallison
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A Quick Word

This series of studies aims to present a compilation of the Bible’s teachings in a clear and readable order. There are 40 booklets in the series, based on the 40 chapters of the book *The Bible Unpacked - Comprehensive Edition*. Each booklet has two sections, which can be used for two or more studies.

The material contains Bible verses. Before the verses are headings, which reflect what the verses say – in particular the parts of the verses in *italics*. The verses are sometimes followed by a comment.

The verses often have a brief introduction. Usually these state who is speaking and often who they are speaking to. Apart from God and Jesus Christ, the main speakers are:

- Moses – who lead the Israelites and taught them God’s laws;
- David – Israel’s greatest king who wrote many of the psalms, most of which are essentially prayers;
- Isaiah, Jeremiah, Ezekiel, Daniel and other prophets – who spoke to the people of Israel on God’s behalf; and
- Paul, Peter, John and other leaders of the early church – who spoke to various groups and wrote letters to believers.

Much care has been taken in order to correctly interpret the verses. Nevertheless, if you encounter a verse that is used to teach something that is contrary to or goes beyond your understanding, assess its use by doing such things as: reading the passage it is from; and considering how its teaching fits in with Scripture as a whole (e.g. interpret OT teaching in the light of NT teaching).

For more information on *The Bible Unpacked* and free downloads, go to the website: [www.thebibleunpacked.net](http://www.thebibleunpacked.net).

**Users are asked to pray regularly for persecuted Christians** and, if possible, support them financially. These things can be done through organizations that provide aid to them and/or prayer notices, such as those listed under *Persecuted Christians*.

Paul Mallison
Suggestions for Study Groups

Preliminary matters:

• Beforehand the leader should: check the context of any verses they are not familiar with; and review the questions. If need be, they should compose questions more applicable to the group.

• Each person should have a Bible, for things such as checking a verse’s context. It would also be helpful to have Bible commentaries on hand.

• Pray before beginning the study. Ask God for help in understanding the meaning of the verses and to affect your lives through them. Also pray together at the end.

Doing the study:

• Ideally, read the material and answer the questions prior to the meeting. Then share answers and discuss any issues arising from the material in the meeting.

• Alternatively, read the material and answer the questions in the meeting – reading either aloud as a group or individually (prior to sharing answers). If reading as a group, try having one person read the headings, another read the verses and another read the comments. Additionally, a fourth person could read the Bible references.

General or concluding questions:

If time permits, conclude with one or more of the following questions:

• What is something that you either: did not know before; gained greater insight into; or needed reminding of?

• What verse would be helpful to memorize and bear in mind during the next week?

• In taking the verses seriously, is there anything you should change in:
  (a) how you relate to God and/or to other people; or
  (b) any other area of your life (e.g. attitudes, values or behavior)?

If so, are there any specific steps you could take to do this?
I. Loving Qualities

The importance of love could hardly be more emphatically stated by the Bible. Love should encompass every area of our lives and be the basis of all that we do in relating to people. Other personal qualities reflective of love are also regularly applicable in our relationships with other people (and are also discussed in this section).

Note that the teaching in this and the subsequent chapters in Part G. Relating to People is also relevant to the preceding part of this book, Part F. Church Life.
a) Love

See also:
- d) Love Each Other (I): General, Ch. 26
- e) Love Each Other (II): How, Ch. 26

What love is

1Cor 13:4–7  Love is patient, love is kind, it is not envious. Love does not brag, it is not puffed up. 5 It is not rude, it is not self-serving, it is not easily angered or resentful. 6 It is not glad about injustice, but rejoices in the truth. 7 It bears all things, believes all things, hopes all things, endures all things. NET

In v. 7, “believes all things, hopes all things” means that love: “...is ever ready to believe the best of every person” and that “its hopes are fadeless under all circumstances...” (AMP).

1Jn 3:16–18  This is how we know what love is: Christ gave his life for us. We too, then, ought to give our lives for our brothers and sisters! 17 Rich people who see a brother or sister in need, yet close their hearts against them, cannot claim that they love God. 18 My children, our love should not be just words and talk; it must be true love, which shows itself in action. GNT

Jesus Christ exemplified love for us (v. 16) and so we should emulate him by living sacrificially for others. As such, we should not merely love with words but with actions and sincerity (vv. 17–18).

The supremacy of love

Mark 12:28–33  Now one of the experts in the law came and heard them debating. When he saw that Jesus answered them well, he asked him, “Which commandment is the most important of all?” 29 Jesus answered, “The most important is: ‘Listen, Israel, the Lord our God, the Lord is one. 30 Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.’ 31 The second is: ‘Love your neighbor as yourself.’ There is no other commandment greater than these.” 32 The expert in the law said to him, “That is true, Teacher; you are right to say that he is one, and there is no one else besides him. 33 And to love him with all your heart, with all your mind, and with all your strength and to love your
neither as yourself is more important than all burnt offerings and sacrifices.”

1Cor 12:31b; 13:1–3, 13  [Paul:] And now I will show you a way that is beyond comparison. 13 If I speak in the tongues of men and of angels, but I do not have love, I am a noisy gong or a clanging cymbal. 14 And if I have prophecy, and know all mysteries and all knowledge, and if I have all faith so that I can remove mountains, but do not have love, I am nothing. 15 If I give away everything I own, and if I give over my body in order to boast, but do not have love, I receive no benefit. ... 13 And now these three remain: faith, hope, and love. But the greatest of these is love.

Live a life of love...

2Jn 1:6  As you have heard from the beginning, his [God’s] command is this: Live a life of love. NCV™

Eph 5:2  Live in love as Christ also loved us. He gave his life for us as an offering and sacrifice, a soothing aroma to God. GW

... Do things in love

1Cor 16:14  Everything you do should be done in love. NET

Love others as you love yourself...

Lev 19:18  Do not take revenge on anyone or continue to hate him, but love your neighbor as you love yourself. I am the LORD. GNT

... “Love your neighbor as yourself” sums up God’s law

Rom 13:8–10  Owe no one anything, except to love one another, for the one who loves his neighbor has fulfilled the law.  For the commandments, “Do not commit adultery, do not murder, do not steal, do not covet,” (and if there is any other commandment) are summed up in this, “Love your neighbor as yourself.” 10 Love does no wrong to a neighbor. Therefore love is the fulfillment of the law. NET

The whole moral law – all that involves our relationships with other people – is summed up by the command to love others as we love ourselves. In doing so, we fulfill or carry out the law.
Love your enemies and do good to them

**Luke 6:27–28, 31** [Jesus:] But I say to you who are listening: Love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you. ... *Treat others in the same way that you would want them to treat you.* NET

1 Corinthians 13:4-7 (cf. *What love involves*) mentions a number of characteristics of love. Which of these do you: value the most; and need to bear in mind the most (in order to better love others)?

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Why are the great things Paul mentions in 1 Corinthians 13:1–3 (cf. *The supremacy of love*) pointless without love?

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Do you have enemies? What can you do to love them?

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b) Generosity

Be generous

1 Timothy 6:18 [Paul, instructing Timothy what to teach believers:] Tell them to do good, to be rich in good deeds, to be generous givers, sharing with others. NET

Proverbs 21:26 All day long he [a lazy person] continues to crave, while the righteous one gives without holding back. ISV

Lend to others

Deuteronomy 15:8 [Moses, to the Israelites:] Be generous to these poor people, and freely lend them as much as they need. Never be hard-hearted and tight-fisted with them. GW

Share with others

Luke 3:11 John answered them, “The person who has two tunics must share with the person who has none, and the person who has food must do likewise.” NET

Hebrews 13:16 And do not neglect to do good and to share what you have, for God is pleased with such sacrifices. NET

Practice hospitality

Romans 12:13 Contribute to the needs of the saints and seek to show hospitality. ESV

Hebrews 13:2 Be sure to welcome strangers into your home. By doing this, some people have welcomed angels as guests, without even knowing it. CEV

Generosity actually brings oneself great blessing

Luke 6:38 Give, and it will be given to you: A good measure, pressed down, shaken together, running over, will be poured into your lap. For the measure you use will be the measure you receive. NET

Acts 20:35 [Paul to the Ephesian elders:] By all these things, I have shown you that by working in this way we must help the weak, and
remember the words of the Lord Jesus that he himself said, ‘It is more blessed to give than to receive.’

How can we learn to give “without holding back” (Prov 21:26)? (E.g. What factors should we keep in mind? What attitudes should we develop?)

Who could you share your belongings/food with or show hospitality to? When and how could you go about doing this?

Why is it “more blessed to give than to receive” (Acts 20:35)?

Pray for persecuted Christians.
c) Mercy

Mercy involves such things as: not penalizing those subject to one’s judgment and retribution (due to things like wrongful action or debt); and doing more than one is bound to do in helping others. It is showing kindness beyond what is required of one or is otherwise considered fitting.

Show mercy

**ZEC 7:9** You must see that justice is done, and must show kindness and mercy to one another. GNT

**LUKE 6:36** Be merciful, just as your Father is merciful. NET

Be merciful and God will show you mercy

**MATT 5:7** Blessed are the merciful, for they will be shown mercy. NET

The final clause refers, primarily at least, to being shown mercy by God.

Be compassionate

**COL 3:12** [PAUL, TO BELIEVERS:] You are the people of God; he loved you and chose you for his own. So then, you must clothe yourselves with compassion, kindness, humility, gentleness, and patience. GNT

Compassion is generally the emotion underlying mercy; it is expressed in merciful action.

Forgive others . . .

**LUKE 17:3–4** Watch yourselves! If your brother sins, rebuke him. If he repents, forgive him. 4Even if he sins against you seven times in a day, and seven times returns to you saying, ‘I repent,’ you must forgive him. NET

**COL 3:13** Get along with each other, and forgive each other. If someone does wrong to you, forgive that person because the Lord forgave you. NCV™
. . . Forgive and God will forgive you

Matthew 6:14–15  If you forgive others for the wrongs they do to you, your Father in heaven will forgive you. 15But if you don’t forgive others, your Father will not forgive your sins. CEV

Do not judge others . . .

James 4:12  But there is only one who is lawgiver and judge – the one who is able to save and destroy. On the other hand, who are you to judge your neighbor? NET

We are not to judge others in a condemnatory manner, as if we were in some position of authority to do so; nor in a self-righteous sense, which is inevitably hypocritical. Note, however, that there are Bible verses instructing us to make judgments or choices regarding good and bad people or things.

. . . If you judge others, God will judge you accordingly

Matthew 7:1–2  Do not judge others, so that God will not judge you, 2for God will judge you in the same way as you judge others, and he will apply to you the same rules you apply to others. GNT

We will all face God’s judgment but the above passage speaks of the same condemnatory standard of judgment being applied by God to those who exercise it themselves.

Note: Human judgment is typically superficial and inadequate, in contrast to God’s judgment

1 Samuel 16:6–7  When they arrived, Samuel noticed Eliab and said to himself, “Surely, here before the LORD stands his chosen king!” 7But the LORD said to Samuel, “Don’t be impressed by his appearance or his height, for I have rejected him. God does not view things the way men do. People look on the outward appearance, but the LORD looks at the heart.” NET
How can a person become more compassionate?

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How are we better off for forgiving others?

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In what ways do you judge others? How can you avoid doing this?

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Pray for persecuted Christians
**d) Gentleness**

See also:
- d) *Antithesis of Pride: Humility*, Ch. 38

**Be gentle**

**Phil 4:5a** Let everyone see your gentleness.  
**NET**

**1Pet 3:3–4** [Peter, addressing wives:] Your beauty should not be an external one, consisting of braided hair or the wearing of gold ornaments and dresses. Instead, it should be the inner disposition of the heart, consisting in the imperishable quality of a gentle and quiet spirit, which is of great value in the sight of God.  
**ISV**

**Be patient**

**Eph 4:1–2** [Paul, to believers:] I, therefore, the prisoner for the Lord, urge you to live worthily of the calling with which you have been called, with all humility and gentleness, with patience, bearing with one another in love, ...  
**NET**

**1Thes 5:14** [Paul, to believers:] Encourage anyone who feels left out, help all who are weak, and be patient with everyone.  
**CEV**

**Be meek . . .**

**Matt 5:38–42** [Jesus:] You have heard that it was said, ‘An eye for an eye and a tooth for a tooth.’ But I say to you, do not resist the evildoer. But whoever strikes you on the right cheek, turn the other to him as well. And if someone wants to sue you and to take your tunic, give him your coat also. And if anyone forces you to go one mile, go with him two. Give to the one who asks you, and do not reject the one who wants to borrow from you.  
**NET**

The concept of “meekness” involves an approach of non-retaliation and even non-resistance in the face of offences. It is characterized by humility and gentleness.

The command “do not resist the evildoer” (v. 39a) is given in respect to one’s own rights; it is not saying that we should not stand against an evil person on behalf of others. The illustrations that follow (vv. 39b–42) show that one should not retaliate and not insist on one’s
rights. Some commentators view these as hyperbole, while others consider such a view to be watering down the extent of what is being taught.

... Do not take revenge, but instead wait for God to act

**Rom 12:19** Do not take revenge, dear friends, but leave room for God’s wrath. For it is written, “Vengeance belongs to me. I will pay them back, declares the Lord.”  

**Prov 20:22** Don’t say, “I’ll pay you back for the wrong you did.” Wait for the LORD, and he will make things right.  

Seek peace, including peace with others . . .

**Ps 34:14** Turn away from evil and do good; seek peace and pursue it.  

**Rom 12:18** Do everything possible on your part to live in peace with everybody.  

. . . and seek peace amongst others

**Prov 12:20** Deceit is in the heart of those who plot evil, but those who promote peace have joy.  

**Matt 5:9** Blessed are the peacemakers, for they will be called the children of God.  

People who “work for peace” (GNT, NLT, cf. NCV) will be deemed to be children of God because they show that they partake of his nature.

In what ways/situations do you demonstrate gentleness? In what other ways/situations could you do so?
Consider the principles/actions proposed in Matthew 5:38-42 (*Be Meek...*). Can you think of a situation you may well find yourself in, where one of these could be applied?

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Is there some way that you could promote peace between yourself and another person – or between two other people or groups?

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Pray for persecuted Christians
II. Antitheses of Love

We have various tendencies that work counter to love. These largely involve selfish attitudes and ill feelings – along with the adverse speech and actions that they produce. These greatly inhibit and harm our relationships with others, and must be avoided.
a) Selfish Attitudes

Do not pursue selfish ends

**Phil 2:3a**  Don’t act out of selfish ambition or be conceited.  GW

**Rom 2:8**  ... but for those who are self-seeking and do not obey the truth, but obey unrighteousness, there will be wrath and fury.  ESV

Do not be greedy

**Matt 23:25**  How horrible it will be for you, scribes and Pharisees! You hypocrites! You clean the outside of cups and dishes. But inside they are full of greed and uncontrolled desires.  GW

**Prov 28:25**  A greedy man stirs up strife, but the one who trusts in the LORD will be enriched.  ESV

Do not covet

**Ex 20:17**  “You shall not covet your neighbor’s house; you shall not covet your neighbor’s wife, or his male servant, or his female servant, or his ox, or his donkey, or anything that is your neighbor’s.”  ESV

We are not to crave or desire anything that belongs to another person.

Seek the interests of others before your own . . .

**1Cor 10:24, 33**  [Paul, to believers:] None of you should be looking to your own interests, but to the interests of others. ... 33Just do as I do; I try to please everyone in all that I do, not thinking of my own good, but of the good of all, so that they might be saved.  GNT

. . . Do so even at great cost to yourself, as Jesus Christ did

**2Cor 8:9**  [Paul, to believers:] For you know the grace of our Lord Jesus Christ, that although he was rich, he became poor for your sakes, so that you by his poverty could become rich.  NET

**Ruth 2:11**  Boaz replied to her [Ruth], “I have been given a full report of all that you have done for your mother-in-law following the death of your husband – how you left your father and your mother, as well
If we see selfishness or greed in ourselves, what can we do about it?

What does “coveting” mean? Do you covet anything?

Choose one person that you have a lot of contact with. What is one way or area in which you could put their interests ahead of your own?

Pray for persecuted Christians
**b) Ill Feelings**

**Control and avoid anger**

**Eph 4:26–27, 31** When you are angry, do not sin, and be sure to stop being angry before the end of the day. 27 Do not give the devil a way to defeat you. ... 31 Do not be bitter or angry or mad. Never shout angrily or say things to hurt others. Never do anything evil. NCV™

**James 1:19–20** Understand this, my dear brothers and sisters! Let every person be quick to listen, slow to speak, slow to anger. 20 For human anger does not accomplish God’s righteousness. NET

**Do not hate**

**Lev 19:17A** You must not hate your fellow citizen in your heart. NCV™

**1Jn 4:20** If anyone says “I love God” and yet hates his fellow Christian, he is a liar, because the one who does not love his fellow Christian whom he has seen cannot love God whom he has not seen. NET

**Get rid of bitterness and malice**

**Eph 4:31** Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. ESV

**Do not be jealous . . .**

**Rom 13:13** Let us live decently as in the daytime, not in carousing and drunkenness, not in sexual immorality and sensuality, not in discord and jealousy. NET

**Prov 27:4** Wrath is cruel and anger is overwhelming, but who can stand before jealousy? NET

Here “who” may refer to the one who is jealous, rather than the one who is the object of the jealousy. Jealousy has an irresistible, detrimental effect on those in whom it abides – as does envy (cf. Prov 14:30 臾).

. . . **Do not envy**

**1Cor 13:4** Love is patient, love is kind, *it is not envious*. Love does not brag, it is not puffed up. NET
31. II. Antitheses of Love

**PROV 14:30** A tranquil heart gives life to the flesh, but *envy makes the bones rot.* ESV

**Do not show contempt**

**PROV 18:3** *When wickedness comes, contempt comes also, and with dishonor comes disgrace.* ESV

This shows the evil nature of contempt, indicating that it is or can be bred by wickedness. Note that “contempt” means to regard someone (or something) as inferior, insignificant or foolish.

How can we get rid of anger?

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How can bitterness affect our relationships, even our relationships with people who had nothing to do with the reason for our bitterness?

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What kinds of people are often held in contempt by others? How can we avoid showing contempt towards them?

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c) Adverse Speech

Do not quarrel

**Prov 17:14, 19a**  Starting a quarrel is like a leak in a dam, so stop it before a fight breaks out. ... 19Whoever loves to argue loves to sin.  
NCV™

Do not curse

**Rom 12:14**  Bless those who persecute you, **bless and do not curse.**  
NET

**James 3:9–10**  [James, to believers:] With it [the tongue] we **bless the Lord and Father,** and with it we curse people made in God’s image. 10From the same mouth come blessing and cursing. These things should not be so, my brothers and sisters.  
NET

Do not mock

**Ps 1:1**  Blessed is the person who does not follow the advice of wicked people, take the path of sinners, or **join the company of mockers.**  
GW

Do not slander

**1Pet 2:1**  So get rid of all evil and all deceit and hypocrisy and envy and **all slander.**  
NET

Do not gossip

**Prov 16:28**  A perverse person spreads dissension, and a **gossip separates the closest friends.**  
NET

Do not grumble, particularly against others

**Phil 2:14–15**  [Paul, to believers:] Do everything without grumbling or arguing, so that you may be blameless and pure, children of God without blemish though you live in a crooked and perverse society, in which you shine as lights in the world ...  
NET

**James 5:9**  [James, to believers:] Do not grumble against one another, brothers and sisters, so that you may not be judged. See, the judge stands before the gates!  
NET
Grumbling or complaining against others is an outward expression of inner condemnatory judgment of them – which leaves oneself open to such judgment.

How can we talk with someone about something on which we disagree without having a quarrel? What should we keep in mind?

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Are there any steps we can take to avoid gossiping – both listening to it and doing it?

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What do you grumble or complain about? Is there anything you can do about it instead of grumbling?

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Pray for persecuted Christians
d) Adverse Force

Do not use violence . . .

**Jonah 3:8** [The king of Nineveh:] Every person and animal must put on sackcloth and must cry earnestly to God, and everyone must turn from their evil way of living and from the violence that they do. *NET*

. . . God hates and punishes violence

**Mal 2:16** “I hate divorce,” says the LORD God of Israel. “I hate the person who covers himself with violence,” says the LORD of Armies. *GW*

**Ezek 7:23** [God:] Make chains for captives, because the land is full of bloody crimes and the city is full of violence. *NCV™*

  God would punish his people’s violence with captivity.

Do not murder

**Ex 20:13** You shall not murder. *NET*

Do not rape

**Deut 22:25** [Moses, to the Israelites:] But if the man came across the engaged woman in the field and overpowered her and raped her, then only the rapist must die. *NET*

  The NT does not propagate the death penalty. Nevertheless its mention in regard to such actions (cf. 24:7) serves to illustrate the seriousness of the crime.

Do not kidnap

**Deut 24:7** [Moses, to the Israelites:] If a man is found kidnapping a person from among his fellow Israelites, and regards him as mere property and sells him, that kidnapper must die. In this way you will purge evil from among you. *NET*
Do not oppress

EZEK 45:9  Thus says the Lord GOD: Enough, O princes of Israel! Put away violence and oppression, and execute justice and righteousness. Cease your evictions of my people, declares the Lord GOD.  
EZEK 18:7A  He [a righteous person] doesn’t oppress anyone.  

What things often lead a person to commit violence?

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How should we respond to violence – during it and afterwards? (Answer in regard to violence that you may have or could encounter.)

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What types of oppression are you aware of, that either you come across yourself or see in society at large? What can you do about it?

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Pray for persecuted Christians
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Persecuted Christians

Over 200 million Christians in at least 60 countries are denied basic human rights solely because of their faith. (Source: World Evangelical Alliance) Every year many Christians are killed because of their faith.

Through prayer, encouragement and practical assistance we can assist and fellowship with persecuted Christians in their suffering. You can play a vital part in this through contacting one of the organizations listed below. Most produce regular news/prayer letters.

**Barnabas Fund** – [www.barnabasfund.org](http://www.barnabasfund.org)
It provides material and spiritual support based on locally identified needs.

**Christian Solidarity International** – [csi-usa.org](http://csi-usa.org)
CSI works to defend religious liberty and help persecuted Christians.

**Christian Solidarity Worldwide** – [www.csw.org.uk](http://www.csw.org.uk)
It advocates for freedom of religion and justice for persecuted believers.

**Open Doors** – [www.opendoors.org](http://www.opendoors.org); [www.opendoors.org.au](http://www.opendoors.org.au)
It equips believers for persecution and maintaining a witness to the Gospel.

**Religious Liberty Commission** – [www.worldevangelicals.org/commissions/rlc](http://www.worldevangelicals.org/commissions/rlc)
RLC defends and aids persecuted Christians. See also [www.idop.org](http://www.idop.org).

**Religious Liberty Prayer Bulletin** – [rlprayerbulletin.blogspot.com](http://rlprayerbulletin.blogspot.com)
This site provides weekly prayer bulletins.

It supplies Bibles to persecuted Christians and provides training.

**Voice of the Martyrs** – [www.persecution.com](http://www.persecution.com)
VOM helps persecuted Christians spread the gospel. It also gives material aid.

**World Watch Monitor** – [www.worldwatchmonitor.org](http://www.worldwatchmonitor.org)
It reports the story of Christians under pressure for their faith.

*Then the King will answer, ‘I tell you the truth, anything you did for even the least of my people here, you also did for me.’* Matthew 25:40 NCV
This series of studies is based on the *Comprehensive Edition* of *The Bible Unpacked*.

There are seven editions of *The Bible Unpacked*. These aim to address the needs of non-Christian through to mature Christian, from teenagers to adults.

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